### **SUMMER MENU-TERM 2 2019**



HELLO PARENTS AND KIDS,
WELCOME TO OUR TASTY
FOOD MENU!!
THERES LOTS OF DELICIOUS
DISHES TO CHOOSE FROM.....

OPEN: MON, WED & FRI ALL orders via FlexiSchools website BEFORE 8:30am.

www.flexischools.com.au

(online fees have been absorbed)

Email: <a href="mailto:ybpscanteen@gmail.com">ybpscanteen@gmail.com</a>
Manager: Juanita Nugara
Assistant: Rose Nelson
Facebook-Beach Bites Café
Instagram-beach bites cafe

# \*PRICES SUBJECT TO CHANGE\*

## **MEAL DEAL - \$6.00**

Choose **ONE** from each section – main, stix & drink

Main	Stix	Drink
Chicken Tender with Salad*	Pineapple Ring	Flavoured Milk
Nachos	Apple Wedges	Plain Milk
Wings & Bits Box	Vegie Stix & Dip	Water

### **CUT LUNCH**

Wholemeal bread is used Gluten free option is available

	<b>Sandwich</b>	<u>Wrap</u>
Vegemite	\$2.20	\$2.70
Salad*	\$3.00	\$3.50
Cheese & Salad	\$3.30	\$3.80
Tuna & Salad	\$3.40	\$3.90
Ham & Salad	\$3.60	\$4.10
Chicken & Salad	\$3.70	\$4.20

### **TOASTIES**

Wholemeal bread is used Gluten free option is available

Baked Beans & Cheese	\$3.00
Tuna & Cheese	\$3.10
Ham	\$3.20
Cheese	\$3.30
Ham & Cheese	\$3.40
Chicken & Cheese	\$3.50

# **HOT DISHES**

Pizza Slice	\$3.50
Tuna Mornay	\$4.00
Ninja Noodles	\$4.00
Nachos	\$4.00
Pasta Napolitana (gf only)	\$4.20
Available Fridays	
Mrs Macs Sausage Roll	\$4.20

Mrs Macs Sausage Roll	\$4.20	
Mrs Macs Cruiser Beef Pie	\$4.50	
Mrs Macs Potato Pie	\$4.80	

### **ADD**

Mayo \$0.30 Cheese \$0.30 Tomato Sauce \$0.30

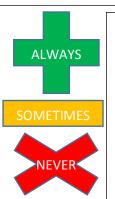
## **THIRST QUENCHERS**

Water	\$1.00
Plain Milk	\$1.50
Flavoured Milk	\$2.30
Juice	\$2.30

# **TERM 2 SPECIAL**

Lasagne \$4.00





## <u>AFTERNOON RECESS</u>

Not available to WARDAN BLOCK (kindy & pre-primary)

	( )      -  -  -  -  -  -  -  -	
\$0.30	Fruit Toast	\$0.50
\$0.50	Popcorn	\$0.50
\$1.00	Choc Bomb	\$1.00
\$1.20	Mini Pizza	\$1.40
\$1.50	Cheesy Tuna Bites	\$1.50
\$2.00	Apple Jaffle	\$2.00
\$2.00	Warm Milo	\$2.00
\$2.00	Froyo2Go	\$2.50
	\$0.50 \$1.00 \$1.20 \$1.50 \$2.00 \$2.00	\$0.50 Popcorn \$1.00 Choc Bomb \$1.20 Mini Pizza \$1.50 Cheesy Tuna Bites \$2.00 Apple Jaffle

Our canteen follows the 'Traffic Light System' and the Department of Education's Healthy Food and Drink Policy. Our foods are categorised in Green, Amber and Red. We DO NOT sell any RED Items. This system is an initiative to help reduce childhood obesity rates in Western Australia and our items are carefully selected to help our children stay healthy. Our Canteen cannot successfully run without YOU. If you can spare a few hours, it all helps. If you would like to be involved please contact me via Email or the Facebook canteen page. If you are unable to volunteer, there are other ways you can help and that is by donating items such as chux, garbage bags, glad wrap, foil, pots and pans etc. Any unwanted items will be welcomed!! Beach Bites Café is wholly run by the P&C as a service to the school community.

<sup>\*</sup>Salad=Lettuce, Tomato, Cucumber & Carrot