

YANCHEP BEACH PRIMARY SCHOOL CANTEEN MENU – WINTER 2017

OPEN WEDNESDAY AND FRIDAY

ALL ORDERS VIA WWW.FLEXISCHOOLS.COM.AU BEFORE 830am

EMAIL: YBPScanteen@gmail.com

WEDNESDAY LUNCH SPECIAL

CHICKEN BURGER with SALAD	\$4.20
FRIED RICE (vegetarian)	\$3.80
FRIED RICE with HAM	\$4.20

FRIDAY LUNCH SPECIAL

PASTA BOLOGNAISE	\$4.20
(GLUTEN FREE OPTION AVAILABLE)	
VEGETARIAN PASTA	\$4.00

SANDWICHES, ROLLS & WRAPS (Wholemeal bread is used. Gluten free options available)

Salad (Lettuce, carrot, cucumber, tomato)	\$3.00	Prices listed are for sandwiches
Cheese and salad	\$3.50	Change to a roll, add 50c
Chicken and salad	\$3.50	Change to a wrap, add 50c
Egg and salad	\$3.50	Change to GF bread, add 50c
Ham and salad	\$3.50	Change to a GF Roll, add 80c
Tuna and salad	\$3.50	Additional options available online

DRINKS

600ML WATER	\$1.00
PLAIN MILK (UHT)	\$1.60
HOT CHOCOLATE (RECESS ONLY)	\$1.80
NUDIE JUICE (LUNCH ONLY)	\$2.10
FLAVOURED MILK	\$2.10

Mrs Macs Good Eating Sausage Roll \$4.00 Mrs Macs Good Eating Cruiser Beef Pie \$4.20

Tomato Sauce is available in the classroom basket at no additional cost.

AFTERNOON RECESS – Not available to Warden block (Kindy and PP)

PIKELETS (EACH)	30c	CHEESY BEANS	\$1.20
4 PIKELETS	\$1.00	PIZZA MUFFIN	\$1.20
POPCORN	60c	FRUIT SALAD	\$1.60
SMALL CORN COB	80c	YOGHURT & FRUIT CUP	\$1.60
APPLE SLINKY	\$1.00	VEGETABLE STICKS	\$1.60
CHEESY	\$1.00	WARM CUP OF SOUP	\$2.00
CHOC BOMB	\$1.00	HUMMUS WITH RICE CRACKERS	\$2.00
HARD BOILED EGG	\$1.00	HUMMUS WITH VEGETABLE STICKS	\$2.50

Add tomato, pineapple or cheese add 50c each

The Yanchep Primary School canteen is wholly run by the P&C as a service to the school community. Any surplus funds accumulated are paid into the P&C funds to provide facilities and equipment for the benefits of the students.

HOW TO ORDER: All orders are online only, through Flexischools. You can order anytime, before 830am on the day you wish to order lunch or recess. Each order incurs a 29c service charge payable to Flexischools. Additional menu options are available online.

Volunteers are a necessary part of our canteen, enabling a fresh and varied menu. Without volunteers, our canteen menu would not be as extensive as it is. Please contact Sally (Canteen manager) to organise a time to work in the canteen. Any length of time is appreciated. Contact can be made via email YBPScanteen@gmail.com or via our canteen facebook group WAVES CAFÉ – YANCHEP BEACH PS CANTEEN

Our canteen follows the Department of Education's Healthy Food and Drink Policy. Foods are categorised as Green, Amber or Red. Our canteen DOES NOT sell any red food items. Our canteen is predominantly made in the canteen. The only commercial amber products we sell are the Mrs Macs Good Eating range (Low fat, Low salt, sized especially for children). [This menu is 91% green](#)